



Chimichurri Dressing

Instructions:

Combine all the ingredients.

You may actually enjoy this recipe at any time absolutely free. In fact, you burn calories from this food.

Unlimited on the lean protein diet

Prep Time:

10 minutes

Cook Time:

n/a

Ingredients:

1 clove garlic - chopped
finely

1 sprig cilantro - chopped
finely

3 lemons - squeezed
salt & pepper to taste