



Grilled Salmon

Instructions:

Mix the paprika, cumin, lemon juice, parsley and salt, and pour over the salmon.

Preheat oven to 350 and bake for 18 minutes.

If you are allowed all the ingredients in this recipe, or you were advised you may have any group 2 recipe, this recipe is allowed on your diet.

Prep Time:

5 minutes

Cook Time:

18 minutes

Ingredients:

5 oz. slice of salmon fillet

1/2 tsp. paprika

1 pinch cumin

1 tsp. lemon juice

1/2 TBSP. parsley

salt to taste