



Cream of Chicken Soup

Instructions:

Add all the ingredients to a 6 quart pot and fill to the top with water.

Bring to a full boil and let simmer for 2 to 3 hours.

Skim off the fat.

Remove the chicken and blend the soup with a hand blender.

Once the soup is blended, cut the chicken into small pieces and place back into the soup.

A 12 oz. bowl counts as 1 dinner side

Prep Time:

10 minutes

Cook Time:

3 hours

Ingredients:

3 chicken bottoms

2 onions

1 parsnip

4 zucchinis

1 carrot

1 1/2 TBSP. salt

3/4 tsp. pepper

6 TBSP. chicken soup mix