



Matbucha

Instructions:

Add oil to a pot and heat on a medium flame for 2 minutes.

Add the onion and garlic and cook for 3 minutes, stirring often.

Add the rest of the ingredients and cook on a low flame, covered, for 30 minutes. Stir every 5 minutes.

1 cup counts as 1 dinner side

Prep Time:

10 minutes

Cook Time:

35 minutes

Ingredients:

- 2 TBSP. olive oil
- 1 small onion - chopped
- 2 cloves garlic - crushed
- 4 large tomatoes - diced
- 1 green pepper - diced
- 1 red pepper - diced
- 2 TBSP. hot sauce
- 1 tsp. lemon juice
- small pinch cinnamon
- 8 oz. can tomato sauce
- 1 tsp. salt
- 1 tsp. pepper