



Purple Saurkraut

Instructions:

Mix all the ingredients in a container with a lid.

Cover and let sit for 20 minutes, mixing every 5 minutes.

Drain.

Unlimited with any meal

Prep Time:

20 minutes

Cook Time:

n/a

Ingredients:

8 oz. bag of shredded purple cabbage

2 cups boiling hot water

2/3 cup white vinegar

1 TBSP. salt