

## **Roasted Garlic**

## Instructions:

Slice a good chunk off the top of the head of garlic.

Make sure all of the cloves are exposed so you will be able to get them out. It's best to have garlic with no green sprouts in it.

Wrap the garlic in tinfoil.

Preheat oven to 400 and bake the garlic for 40 minutes.

Let the garlic cool.

Squeeze each clove of garlic out one at a time.

## Unlimited with any meal

Prep Time: 5 minutes

**Cook Time:** 40 minutes

## Ingredients:

1 head of garlic