



Tomato Cabbage Soup

Instructions:

Mix all the ingredients together in a pot and bring to a full boil.

Cook for 1 hour.

Unlimited with any meal

Prep Time:

10 minutes

Cook Time:

1 hour

Ingredients:

2 cups cabbage - shredded

1 cup onions - chopped

1 cup tomatoes - diced

2 TBSP. tomato paste

1 oz. fresh garlic chopped

2 tsp. salt

dash of pepper

4 cups water