



## Liver with Peppers

### Instructions:

Cook the onions and peppers in a bit of water until soft.

Add the liver and cook for 5 minutes.

Pour in the salsa and heat up until warm.

Add salt & pepper.

**Divide into 3 servings**

**Each serving counts as 1 dinner main**

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**Prep Time:**

5 minutes

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**Cook Time:**

15 minutes

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### Ingredients:

16 oz. bag chicken liver

2 red peppers - chopped

1 small onion - chopped

1/2 of a 16 oz. jar of salsa

1 TBSP. garlic powder

salt & pepper to taste