



## White Wine Chicken

### Instructions:

Coat a pan with 3 seconds of Pam and add the cooking wine and chicken soup mix.

Bring to a simmer on a medium flame and add the chicken and garlic.

Add salt & pepper.

Cover the pan and cook for 10 minutes.

**Counts as 1 dinner main**

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**Prep Time:**

5 minutes

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**Cook Time:**

15 minutes

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### Ingredients:

6 oz. chicken cutlets - cubed

4 TBSP. white cooking wine

1 tsp. chicken soup mix

2 cloves garlic - sliced in  
half

salt & pepper to taste

Pam