



Sushi Salad

Instructions:

Mix the spicy mayo ingredients and set aside.

In a large bowl, mix the salad ingredients.

Mix in the spicy mayo.

You can add soy sauce on top as you would a roll of sushi.

Divide into 3 lunch servings

Each serving counts as 1 lunch

Prep Time:

15 minutes

Cook Time:

n/a

Ingredients:

Spicy Mayo

1/3 cup lite mayonnaise

1 TBSP. Sriracha hot chili sauce

Salad

2 cups cooked brown sushi rice

3 sticks kani - shredded

1 avocado - sliced

1 Kirby cucumber - sliced

low sodium soy sauce - optional

1/2 tsp. toasted sesame oil