



Grilled Salmon

Instructions:

Mix the paprika, cumin, lemon juice, parsley and salt, and pour over the salmon.

Preheat oven to 350 and bake for 18 minutes.

Counts as 1 dinner main

Prep Time:

5 minutes

Cook Time:

15 minutes

Ingredients:

4 oz. slice of salmon fillet

1/3 tsp. paprika

1 pinch cumin

1 tsp. lemon juice

1/2 TBSP. parsley

salt to taste