



## White Wine Chicken

### Instructions:

Coat a pan with 3 seconds of Pam and add the cooking wine and chicken soup mix.

Bring to a simmer on a medium flame and add the chicken and garlic.

Add salt & pepper.

Cover the pan and cook for 10 minutes.

**Counts as 1 dinner main**

---

**Prep Time:**

5 minutes

---

**Cook Time:**

15 minutes

---

**Ingredients:**

4 1/2 oz. chicken cutlets -  
cubed

4 TBSP. white cooking wine

1 tsp. chicken soup mix

2 cloves garlic - sliced in  
half

salt & pepper to taste

Pam